



Caregiver Corner

City of Alexandria
Division of Aging and Adult Services

"It is When You Give of Yourself, That You Truly Give"

Khalil Gibran

Medicare Benefits Check-UP

Medicare will begin mailing notices to inform people that they may be eligible for Medicare Savings Programs and give instructions on how to apply. Here are some other tips for managing your loved one's Medicare insurance.

Read your Medicare Summary Notices. These statements sent by Medicare tell you the services your insurance has covered. Report any services that you have not used. You have the right to appeal any uncovered services. Find more information on appeals at <https://www.medicare.gov/claims-and-appeals/file-an-appeal/appeals.html> and report Medicare fraud by calling 1-800-MEDICARE.

Caregiver Support Group

Wednesday, May 4, 2016

4—5:30 p.m.

**Alexandria Adult Day
Services Center**

Financial Assistance: Medicare recipients with incomes below \$1485 for a single person and \$2003 for a couple may be eligible for help with Part B premiums and prescription drug plan premiums. There are asset guidelines as well. Contact the City of Alexandria VICAP program at (703) 746-5999 for more information.

Look it up Online: The Plan Finder Tool at www.medicare.gov is also a great tool to compare prescription drug plans. The site also notes if you are enrolled in the Extra Help program for prescription drugs. People enrolled in either Extra Help Medicare Savings plan can switch prescription plans anytime during the year.

Resources:

Respite Care Grants for Caregivers: The Hilarity for Charity Foundation Alzheimer's and Dementia Care Relief Grant Program is accepting applications for caregiver respite grants. These grants can provide 25 hours of care weekly for 52 weeks or a one time grant of 25 hours of care to be used weekly. Apply at <http://www.hilarityforcharity.org/#!/get-involved/c1eju>

To remove your name from our mailing list, please email joann.callender@alexandriava.gov
Questions or comments? Email joann.callender@alexandriava.gov or call 703.746.5999



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